

2015 **International Women's Day**

Inspire
Invigorate
Create



make it happen

**FREE
EVENT**

Saturday 7 March 2015

12 pm - 5 pm

Sheffield, Town Hall

All women, children and families are welcome.
Please note that some spaces are women only.

Organised by the Women's Hub, part of the Equality Hub Network



International
Women's Day



Inspire Room

Be inspired by meeting successful local women from a range of different backgrounds! This room will give people the opportunity to take part in an informal question and answer session, learn about how these women have achieved their success, and interesting facts about their chosen area of work including law, medicine, reflexology and many more.

Create room

Come and take part in creating a piece of art to celebrate International Women's Day and present to Sheffield City Councillors after the event.

Invigorate Room

Take part in pilates, massage tasters, as well as children's face painting and henna.

Workshops

All workshops have limited capacity – **booking essential.** Register via Eventbrite: **togetherwomenproject.eventbrite.co.uk** If you do not have access to a computer, please contact Together Women Project on 0114 275 8282.



Places may be available on the day, but this cannot be guaranteed.

Please note workshops are women only.

- **Women in Business** – what you need to do to start a business – Christina Lima Trindade, Business Sheffield
- **Yes Parenting Style** – Bea Marshall, a parenting coach and speaker, has appeared live on Lorraine Kelly Show, The Wright Show, ITV this morning and TedX Sheffield.
- **Identity, Free to Be Me** – Lara Bundock, CEO and founder of the Snowdrop Project
- **Sexual Exploitation** – Meera Kulkarni, Sheffield Rape and Sexual Abuse Centre
- **Children & Porn** - what's the harm? – Carol Perry, the CHAT
- **NLP (Neuro-Linguistic Programming) and Visualisation** – Jayne Spencely

Information and Market Hall

Find out how to access information and support services available in Sheffield, how to get involved in your local community, and have a look at a variety of local independent female traders and craft women selling their work, including art work, hair and beauty products, handmade crafts and much more.

Music

Live music will be playing throughout the day from local female singer/songwriters, choirs, community groups and performers.

Peace Gardens

Join us outside in the Peace Gardens for further activities for women, children and families. Activities and performances will be held at regular intervals throughout the day, including:

Bulb planting workshop – Learn some basic planting and growing techniques and take away a potted bulb to grow on at home. Presented by Sheffield Mind

Explorers Walks around Sheffield city centre – Join us for a short walk around the city centre, discovering interesting places and curiosities in the vicinity of the Town Hall. Presented by Sheffield Mind

Football Shootout – with Special Guests from Sheffield FC Ladies

Dance performances – from Hype Dance Company

Hula Hooping – All Hooped Up

Sheffield Fashion Show

The finale of the day is a fashion show presented by Alicia Nang Hair and Beauty using the women of Sheffield to showcase clothing by two local designers.

Join us on Social Media

Follow us on **Twitter** @IWDSheffield and use #makeithappen #IWDSheffield



Join the event on **Facebook.** Bit.ly/IWDSheffield

Wednesday 4th March

International Women's Day on Verdon Street

10am – 3pm

Verdon Recreation Centre, Verdon
Street, S3 9QS

FREE

Contact – Somshun Nessa
07960 084 119

Come along for stalls and
workshops, including health checks
from local health trainers. Activities
including henna, Zumba and raffle.
Live DJ, free food and refreshments.

Thursday 5th March

Philomena

6pm for networking reception with
drinks and cakes

7pm for film screening

Sheffield Students' Union (Plaza and
Auditorium), Western Bank, S10 2TG

FREE

but strictly by ticket only.

Tickets can be collected in person
from the Sheffield Students' Union
Box Office, 0114 272 2882 or
ordered online at [http://tickets.
sheffieldstudentsunion.com/](http://tickets.sheffieldstudentsunion.com/)

Join women from all walks of life
and of all ages and nationalities to
celebrate International Women's Day
for the fifth year running at a special
film screening, 'Philomena'.

The film screening will follow short
contributions from Paul Blomfield MP
for Sheffield Central; Miriam Miller,
Women's Officer, Sheffield University
and Pat Pepper from UNITE.

In solidarity with women in Sheffield
and across the world, a bucket
collection will be taken and shared
between charities helping local
women in need.

In association with Unite and
Sheffield Students' Union Women's
Committee

Saturday 7th March

One Darnall International Women's Day

12pm – 4pm

Darnall Community Centre
(Star Works), Darnall Road, S9 5AF

FREE

Contact – Stella Burton on 0114 293
0669 or [Stella.Burton@sheffield.
gcsx.gov.uk](mailto:Stella.Burton@sheffield.gcsx.gov.uk)

Women and Children are all
welcome to the One Darnall
International Women's day event.

Come and join us for an afternoon of
shared dancing, food and fun.

There will be a special focus on
women's health for the day with
some special treats in store.

Sunday 8th March

Body of Sound & Sheffield City Centre Women's Con- versation Club - Women hold up half the sky

3pm – 6pm

Burngreave Vestry Hall, 2 Burngreave
Road, S3 9DD

Contact – Kate on 07794 854104
Celebrate International Women's Day
with Body of Sound and Sheffield
City Centre Women's Conversation
Club through singing, dancing,
poetry and food. Please note this
is an alcohol-free event with full
disabled access.

Friday 20th March

Sheffield Tradeswomen Networking Event

7pm

Upstairs at the Rutland Arms, 86 Brown
Street, S1 2BS

FREE

Contact – Liz on 0745 440 0026 or
info@westskills.org.uk to RSVP
www.westskills.org.uk

Find out about opportunities for
going into teaching the trades - plus
a chance to catch up and socialise
with other tradeswomen. Beer and
drinks from the pub - and free
pizza! Organised by WEST (Women
in Engineering, Science and
Technology).

*Events
across
the City*



The Women's Hub would like to say a special thanks

To all those individuals and organisations involved in the coordination and planning of the events taking place on and around International Women's Day, including:

- Together Women Project
- Sheffield & Hallamshire County Football Association
- Soroptimist International
- Alicia Nang Hair and Beauty
- Nitya Teagarajan and Zatoon Sadiq-Reeve
- Student volunteers from Sheffield Hallam University
- Sheffield City Council

The Women's Hub is part of the Sheffield Equality Hub Network which brings communities of identity and decision makers together to work on equality and fairness issues.

The Network is made of individuals, voluntary, community and faith organisations, service providers and public sector organisations.

Brought together and supported by Sheffield City Council, the Network's aim is to strengthen the voice and influence of under-represented communities within the city. More info at

www.sheffield.gov.uk/equalityhub



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